



November 28, 2022

Dear Friend:

It is because of people like you that Family and Community Resources (FCR) can continue to provide critical 24/7 services to victims and their children. Your support is key to helping our community and the children and adults who come to us in crisis each day. Like Susannah's story, Sandra's story (below) is an illustration of what can happen when we come together and light the way to healing and well-being:

Sandra is a working mom with three young children. She had always been afraid to leave her abusive husband of seven years-- afraid to disrupt her children's lives (even though they had witnessed years of torment from their dad), afraid to lose her job, afraid to start over with little or no support.

Sandra contacted FCR after meeting with her doctor and disclosing the years of abuse. Her doctor's office receptionist had attended an FCR monthly DV Task Force meeting and took back to the office information on the free, critical services available to all who are victims of family violence. After calling the hotline and speaking with an advocate, Sandra began to hope again and believe that FCR might help her find the way out of the nightmare she was living.

Through the joint efforts of FCR's fabulous team of advocates and the hard work of Sandra, she found the support she needed and took the critical step to leave her abusive husband. Today Sandra and her children are in a safe and comfortable home that is partially subsidized by our housing program, and she and her children are receiving supportive counseling to help them recover from the trauma they have experienced. Sandra's advocate also worked with her and her employer to develop a safety plan while at her job site as well as a more flexible schedule which cut down on the cost of childcare and provided more time with her children.

During this season of celebration of our blessings and generosity for others, please help us continue to ensure that survivors of abuse can receive the help and resources they need to begin a life free from violence—a life that holds the promise of a bright and fulfilling future.

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