



It is that time again for the annual FCR **Adopt-A-Family** Program!

This program provides so many of our families, who are experiencing violence and trauma in their lives, with holiday gifts to help bring joy in what can be a very stressful time of the year. FCR staff work with survivors to complete their “Family Wish List” and are then matched with an “adoptive family”.

*" The Adopt- A- Family Program at Family and Community Resources, Inc., has meant a lot to my family. I am very grateful for the help. If it wasn't for this program, I wouldn't be able to give my children a Christmas because by the time I pay my bills and rent, I have nothing left. After paying for food, I usually have about \$10 left for the entire month which is very difficult. I always put my kids first and I want them to have a good Christmas. "*

*-Single Mother with a disabled child*

We are seeking your help again this year to make this holiday season brighter for these families. Please join us in bringing smiles to the faces of survivors & their children whose lives have been impacted by violence and who need our community’s comfort and support more than ever.

If you would like to “Adopt – A – Family” or to learn more, please contact Catherine Stowe at (508) 584-2809 or by e-mail at

[catherine.stowe@fcr-ma.org](mailto:catherine.stowe@fcr-ma.org).