

Family and Community Resources, Inc. serves children and families in 72 cities and towns throughout Southeastern Massachusetts. We are a 501c (3) non-profit organization EIN 04-2616114. Your gift is tax deductible to the extent allowed by law. No goods or services are provided in exchange for your generous support.



Family and Community Resources, Inc.
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www.fcr-ma.org

Our Mission Statement

The mission of Family and Community Resources is to provide a welcoming, inclusive, and safe environment for all survivors of trauma, including those impacted by domestic and sexual violence, substance abuse, bereavement, and other causes. With the understanding that the aim of equality and justice is ongoing, we are committed to modeling diversity, inclusivity, and equity within our organization to reflect the communities in which we serve.

To be a light for survivors, donate to
Family and Community Resources, Inc. at
www.fcr-ma.org/donate



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Family and Community Resources, Inc.

Be a light for families living through trauma

“ At times, our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us. ”
- Albert Schweitzer



Family and Community Resources has lit the way for infants through elders who have experienced trauma for over 50 years. Together, we create spaces where all survivors are supported, believed, and valued.

With help of our generous donors between **July 1, 2021 and June 30, 2022**, FCR lit the way for **2,068** clients including:

- 419** Domestic Violence Advocacy Program
- 189** Domestic Violence Supervised Court-ordered Visitation Services
- 216** Family-based Visitation Services
- 100** Counseling Program
- 366** Family Violence Offender Services
- 428** Calls to our Hotline
- 34** Housing units procured through FCR's Housing Program providing homes for more than 100 individuals

“ [FCR] made what was a horribly stressful situation so much easier to handle. . . . [they] gave us the strength to know that we were not alone. . . we will never forget any of them. . . ”

-Courtney R, Family-based Visitation Services client



Children traumatized by violence:

- Have lower grade point averages and more absences from school
- Suffer chronic stress and PTSD
- Are more likely to abuse drugs and alcohol
- Are three times more likely to repeat the cycle of abuse in adulthood

FCR's **Child Exposed to Domestic Violence** program helps children ages 2½ to 17 who have witnessed violence in their home, school, or community.

The Healthy Relationship Program educates high school students on what constitutes healthy dating practices and equips them with skills and resources to develop safe, healthy relationships.

FCR lights the way for Susannah and her family

Susannah and her two young children, Evan and Arabella, were experiencing daily physical, emotional, and verbal abuse committed by the children's biological father. While the time a survivor leaves an abuser can be the most dangerous time in the relationship, Susannah found the courage to escape with the children to a family member's home. Then she came to Family and Community Resources, Inc. for help. Through a team-based approach, the staff at FCR helped Susannah and her children find the way to healing and well-being.

Through FCR's **Domestic Violence Advocacy Program**, Susannah learned about the patterns of abuse and the qualities of a healthy relationship. Susannah's advocate was also able to help her navigate systems like family court and the Department of Children and Families. FCR's **Supervised Onsite Visitation Services** gave the family the security of knowing that the children would be monitored during visits with their biological father. Working with FCR's **Housing Program**, Susannah obtained safe, affordable housing for herself and her children.

FCR's **Counseling Program** helped all of three of them understand the abuse was not their fault and they were able to rebuild their sense of safety and emotional well-being. Clinicians worked individually with Susannah, Evan, and Arabella to process the past abuse and helped them develop relaxation and coping skills to manage difficult feelings and memories related to the past abuse.

The children are now enrolled in school, Susannah is working full time in a job she loves, and they all are living in an affordable, safe home. The FCR team, by working together, were able to enhance Susannah and her children's sense of safety and empowered them to achieve their goals and live a fulfilling life, free from the trauma of violence.

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